
Young Adults

Middle School Dances

Come spend the night dancing and socializing with friends in a fun, safe environment. Teen dances are held the first Friday of each month beginning in September. Food and beverages will be available at the JCCC concession stand.

Fee: \$7.50
Grades: 6th-8th
Day: Fridays
Date: September 3, October 1, November 5, December 3, January 7, February 4, March 4, April 1
Time: 6:30-10:00p.m.
Location: JCCC

Musical Expressions

Students will learn instrumentally, vocally using parts of their bodies (hands, feet, fingers, etc.), using nature such as the chirping sounds of birds, through sound recording, and written composition in order to musically express themselves. Yes, even the younger students will learn how to write their own music, perform it and record it with a CD to represent the finished product!

Program #: 55003.01
Fee: \$50.00
Ages: 13-17
Day (s): Thursdays
Date (s): October 7-28
Time (s): 6:00-7:00 p.m.
Location: JCCC

Program #: 55003.02
Fee: \$50.00
Ages: 13-17
Day (s): Thursdays
Date (s): November 4-December 9 (No class 11/11 or 11/25)

Time (s): 6:00-7:00 p.m.
Location: JCCC

Program #: 55003.03
Fee: \$50.00
Ages: 13-17
Day (s): Thursdays
Date (s): March 24-April 14
Time (s): 6:00-7:00 p.m.
Location: JCCC

Program #: 55003.04
Fee: \$50.00
Ages: 13-17
Day (s): Thursdays
Date (s): April 28-May 19

Time (s): 6:00-7:00 p.m.
Location: JCCC

Adult Programs

Pilates

Using your core, Pilates strengthens, lengthens, and tones your whole body. Our well trained instructor will take you through the first 10 moves and beyond. Firm abdominal muscles with mat exercises and the use of a variety of props. Beginner, Intermediate, and Advanced levels will be combined.

Program # 65003.01
Fee: \$35
Ages: 16+
Day (s): Tuesdays & Thursdays
Date (s): September 14-October 7
Time (s): 9:00 a.m.-10:00 a.m.
Location: JCCC

Program # 65003.02
Fee: \$35
Ages: 16+
Day (s): Tuesdays & Thursdays
Date (s): January 18-February 24
Time (s): 9:00 a.m.-10:00 a.m.
Location: JCCC

Program # 65003.03
Fee: \$35
Ages: 16+
Day (s): Tuesdays & Thursdays
Date (s): March 8-April 14
Time (s): 9:00 a.m.-10:00 a.m.
Location: JCCC

Cardio

This one hour cardio and fat burning class will teach you the basics of step aerobics. We start with a 10 minute stretch and warm-up and fun combinations and music will follow to help you burn fat and have fun! Finished with 5 minute stretches. If you have ever wanted to learn step before, this is your chance!

Program # 65013.01
Fee: \$35
Ages: 16+

Day (s): Tuesdays & Thursdays
Date (s): September 14-October 7
Time (s): 10:00 a.m.-11:00 a.m.
Location: JCCC

Program # 65013.02
Fee: \$35
Ages: 16+
Day (s): Tuesdays & Thursdays
Date (s): January 18-February 24
Time (s): 10:00 a.m.-11:00 a.m.
Location: JCCC

Program # 65013.03
Fee: \$35
Ages: 16+
Day (s): Tuesdays & Thursdays
Date (s): March 8-April 14
Time (s): 10:00 a.m.-11:00 a.m.
Location: JCCC

Zumba

Zumba combines high energy and motivating music that will make your workout fun and exciting. It is a feel-happy fitness class great for both the body and mind! Once you hear the music, you won't want to stop. Zumba uses a mix of Latin and International music. Join us and ditch the workout—join the party!

Program # 65023.01
Fee: \$40.00
Ages: 13 and older
Day (s): Thursdays
Date (s): September 16-October 21
Time (s): 6:30-7:30 p.m.
Location: JCCC

Program # 65023.02
Fee: \$40.00
Ages: 13 and older
Day (s): Thursdays
Date (s): January 20-February 24
Time (s): 9:30-10:30 a.m.
Location: JCCC

Program # 65023.03
Fee: \$40.00
Ages: 13 and older
Day (s): Thursdays
Date (s): March 10-April 14
Time (s): 9:30-10:30 a.m.
Location: JCCC

Late Night Adult Indoor Soccer

Do you enjoy playing soccer but do not have a place to play, players to field a team, or working too late? If so come out and join other players for Adult Late Night Indoor Soccer. Pick-up games will be played once a week from 9 p.m.-11 p.m. **Enroll by September 8, 2010, receive \$5 off!**

Program #: 62003.01



Fee: \$55.00
Ages: 18 & up
Day (s): Wednesdays
Date (s): September 15-
November 17
Time (s): 9:00-11:00 p.m.
Location: JCCC Gym

Program #: 62003.02
Fee: \$55.00
Ages: 18 & up
Day (s): Wednesdays
Date (s): January 12-April 13
Time (s): 9:00-11:00 p.m.
Location: JCCC Gym

Late Night Adult Volleyball

Do you enjoy playing volleyball but do not have a place to play, players to field a team and an opponent, or working too late? If so come out and join other players for Adult Late Night Volleyball. Pick-up games will be played once a week from 9 p.m.-11 p.m.

Program #: 62013.01
Fee: \$65.00
Ages: 18 & up
Day (s): Thursdays
Date (s): September 16-
November 18
Time (s): 9:00-11:00 p.m.
Location: JCCC

Dog Obedience

Cari Messick, a certified dog trainer, will be teaching the following classes for your best friend this Fall.

Level 1 - Basic Manners (for puppies and dogs 9 weeks+)

Basic Manners is designed for dogs that have not yet taken a training class or need a refresher on the basics. Dogs will learn the foundations for Coming When Called, Sit, Down/Settle Down, Off/Leave It, Polite People Greetings, Stay, and Loose Leash Walking.

Program #: 68003.01
Fee: \$150.00
Ages: 18 & up
Day (s): Wednesdays
Date (s): October 6-
November 17
Time (s): 7:30-8:30 p.m.
Location: JCCC

Program #: 68003.02
Fee: \$150.00
Ages: 18 & up
Day (s): Wednesdays
Date (s): April 6-May 18
Time (s): 7:30-8:30 p.m.
Location: JCCC

Level 2 - Intermediate Manners

A Level 2 class is for dogs that have successfully completed Level 1 or Puppy Kindergarten, or an equivalent Beginner level class emphasizing improvement on good behaviors learned in Level 1 with more challenges and distractions as well as new behaviors. Things that will be covered in the class: Stay, Sits and Downs for duration and distance, Sits and Downs with distractions, Loose Lead walking, challenging Leave Its, polite People Greetings, passing another dog on lead, and Recalls with distraction.

Program #: 68013.01
Fee: \$150.00
Ages: 18 & up
Day (s): Wednesdays
Date (s): April 6-May 18
Time (s): 8:15-9:00 p.m.
Location: JCCC

Special Events

Halloween Happening

Ghost and Goblins await you in our Haunted House with fun and thrills at this year's Halloween Howl. These events for the whole family include costume judging, games, crafts, piñatas, prizes and much, much more! Dinner will consist of a hot dog, chips, drink, and dessert. Food is included in ticket price.

Program #: 48053.01
Ages: Any
Fee: \$7.00 per person
Day (s): Friday
Date (s): October 29
Time (s): 6:00-9:00 p.m.
Location: Mt. Mission Park

Community Center Indoor Yard Sale

Get your stuff cleaned out for fall. Join us for our community yard sale at the JCCC. The JCPRC will provide the tables and advertisement for the event. Advertisements will be placed in local newspapers. Your booth space size is approximately 8'x16'. A \$25 charge per space is required to help pay for expenses. Call the JCPRC office at 304-728-3207 for more info.

Program #: 67501.01
Fee: \$25
Day (s): Saturday
Date (s): September 18, 2010
Time (s): 8:00-2:00 p.m.
Location: JCCC

Program #: 67501.02
Fee: \$25
Day (s): Saturday
Date (s): April 23, 2011
Time (s): 8:00 a.m.-2:00 p.m.
Location: JCCC

Lunch with Santa

Join us again this year as we get into the Christmas Spirit and have lunch with Santa himself! In addition to lunch, children will have the opportunity to make a Christmas craft and get their picture taken with Santa. Lunch will consist of a hamburger or hotdog, chips, drink, and dessert. Additional keep-sake photos may be purchased the day of the event.

Program #: 87513.01
Fee: \$7.00 per child (includes one picture, craft, and lunch)/\$3.00 per adult (lunch only)
Ages: All
Day (s): Saturday
Date (s): December 18
Time (s): 11:00 a.m. -1:00 p.m.
Location: JCCC

Father-Daughter Dance

Just imagine... Valentine decorations, cookies, wholesome music, little girls dressed up, fathers giving flowers, and daughters learning how a gentleman treats a lady. If just one little girl gets her busy dad to spend the evening with her, then your evening will be a success.

Program #: 87533.01
Fee: \$10 per couple/\$4 each additional child
Ages: All
Day (s): Sunday
Date (s): February 13
Time (s): 3:00-5:00 p.m.
Location: JCCC

Breakfast with Peter Cottontail

Join us this year as we celebrate Easter and have breakfast with Peter Cottontail himself! In addition to doughnuts, children will have the opportunity to participate in an Easter Egg Hunt, make an Easter Craft, and get their picture with the Easter Bunny. All children must be accompanied by an adult.

Program #: 87523.01
Fee: \$7 per child/\$2 per adult
Ages: All
Day (s): Saturday
Date (s): April 9
Time (s): 10:00 a.m.
Location: Sam Michaels Park