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## Open Gym

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Ages	Daily Use Fee
6-15	\$1.50
16-59	\$2.00
60+	\$1.00

Punch passes are available. Inquire at the front desk. Check online for our Open Gym schedule. Please call ahead to ensure availability.

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## Cheerleading/Tumbling

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All Locations: JCCC

### Cheerleading/Tumbling

Whether you are trying out for your high school team, an all-star team, or just want to get an early start, we have a class for you! Cheerleaders may learn arm motion technique, proper posture, jumps and kicks, tumbling, stunting, side-line cheers, dances and more. (Instructor may suggest moving student to different classes based on skill level.)

#### Beginner

This class is designed for children who have taken few or no cheer/tumble classes. Children may learn basic tumbling and basic cheer techniques.

Program #: 44063.01  
Fee: \$60.00  
Ages: 8-12  
Day (s): Wednesdays  
Date (s): September 22-October 27  
Time (s): 5:00-5:45 p.m.  
Location: JCCC

Program #: 44063.02  
Fee: \$60.00  
Ages: 8-12  
Day (s): Thursdays  
Date (s): September 23-October 28  
Time (s): 4:30- 5:30 p.m.  
Location: JCCC

Program #: 44063.03  
Fee: \$60.00  
Ages: 8-12  
Day (s): Thursdays  
Date (s): January 20- February 24  
Time (s): 4:30- 5:30 p.m.  
Location: JCCC

Program #: 44063.04  
Fee: \$60.00  
Ages: 8-12  
Day (s): Wednesdays  
Date (s): March 30-May 4  
Time (s): 5:00-5:45 p.m.  
Location: JCCC

### Intermediate to Advanced

Prerequisite: Completed a beginner gymnastics class and are able to do a cartwheel or round-off and a backbend or standing back bend. Children will be taught back hand-springs, round off back handsprings, and tucks. Children will also learn basic cheer skills, stunting, and tumbling.

Program #: 54003.01  
Fee: \$60.00  
Ages: 12-16  
Day (s): Wednesdays  
Date (s): September 15-October 20  
Time (s): 5:45-6:30 p.m.  
Location: JCCC

Program #: 54003.02  
Fee: \$60.00  
Ages: 12-16  
Day (s): Thursdays  
Date (s): September 23-October 28  
Time (s): 5:30-6:45 p.m.  
Location: JCCC

Program #: 54003.03  
Fee: \$60.00  
Ages: 12-16  
Day (s): Thursdays  
Date (s): January 20-February 24  
Time (s): 5:30-6:45 p.m.  
Location: JCCC

Program #: 54003.04  
Fee: \$60.00  
Ages: 12-16  
Day (s): Wednesdays  
Date (s): March 30-May 4  
Time (s): 5:45-6:30 p.m.  
Location: JCCC

### MINI Preschool Cheerleading

This brand new program is for children ages 3 to 5. Children will learn the fundamentals of cheerleading including: arm motions, voice projection, cheers, and dance. MINI cheerleaders should be able to attend class without a parent present and be potty trained well enough for a 30 minute class.

Program #: 34043.01  
Fee: \$45.00  
Ages: 3-5  
Day (s): Wednesdays  
Date (s): September 15-October 20  
Time (s): 6:30-7:15 p.m.

Program #: 34043.02  
Fee: \$45.00  
Ages: 3-5  
Day (s): Fridays  
Date (s): September 17-October 29  
(No class 10/1)  
Time (s): 5:30-6:15 p.m.

Program #: 34043.03  
Fee: \$45.00  
Ages: 3-5  
Day (s): Fridays  
Date (s): February 11-March 25  
(No Class 3/4)  
Time (s): 5:30-6:15 p.m.

Program #: 34043.04  
Fee: \$45.00  
Ages: 3-5  
Day (s): Wednesdays  
Date (s): March 30-May 4  
Time (s): 6:30-7:15 p.m.

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## Youth Tennis

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### Tiny Tennis Lessons

The Jefferson County Parks and Recreation's Tiny Tennis Program is ideal for your youngster who is interested in tennis and having fun. It teaches real tennis, introducing them to the core tennis swings and footwork. Participants must provide their own racquet. Parents may be asked to assist.

Program #: 32003.01  
Fee: \$35.00  
Ages: 4-6  
Day: Saturdays  
Time: 10:00-10:45  
Dates: September 11-October 2  
Location: Leetown

Program #: 32003.02  
Fee: \$35.00  
Ages: 4-6  
Day: Saturdays  
Time: 10:00-10:45  
Dates: October 16-November 6  
Location: JCCC

Program #: 32003.03  
Fee: \$35.00  
Ages: 4-6  
Day: Saturdays  
Time: 10:00-10:45  
Dates: November 20-December 18 (No Class 11/27)  
Location: JCCC

### Tennis Lessons

We will be having tennis lessons for children this Fall at our courts at Leetown Park. Please bring a tennis racket, sneakers, and plenty of water to drink. In the event of inclement weather, please call our cancellation line at 304-728-9044. In these beginner classes, students ages 6-12 will be introduced to the basics of tennis, including eye-hand coordination, groundstroke, volleys, the serve, and keeping score. The class will com-

bine fun and games with focus on proper form.

Program #: 42093.01  
Fee: \$40.00  
Ages: 9-12  
Day: Saturdays  
Time: 8:00-9:00 a.m.  
Dates: September 11- October 2  
Location: Leetown

Program #: 42093.02  
Fee: \$40.00  
Ages: 6-8  
Day: Saturdays  
Time: 9:15-10:15 a.m.  
Dates: September 11- October 2  
Location: Leetown

Program #: 42093.03  
Fee: \$40.00  
Ages: 9-12  
Day: Saturdays  
Time: 8:00-9:00  
Dates: October 16-November 6  
Location: JCCC

Program #: 42093.04  
Fee: \$40.00  
Ages: 6-8  
Day: Saturdays  
Time: 9:15-10:15  
Dates: October 16-November 6  
Location: JCCC

Program #: 42093.05  
Fee: \$40.00  
Ages: 9-12  
Day: Saturdays  
Time: 8:00-9:00  
Dates: November 20-December 18 (No Class 11/27)  
Location: JCCC

Program #: 42093.06  
Fee: \$40.00  
Ages: 6-8  
Day: Saturdays  
Time: 9:15-10:15  
Dates: November 20-December 18 (No Class 11/27)  
Location: JCCC

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## Youth Archery

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**All Locations: Sam Michael's Park, JCCC Athletic Field**

### Beginner

These classes are for youth ages 8-16. Youth are encouraged to participate in this

introduction to the sport of archery. This sport can be a rewarding, life long activity, which develops self-confidence and discipline. This course is designed to acquaint the beginning archer with basics in care and use of equipment. All equipment is provided. Class size is limited to twelve so please register early. Participants should wear comfortable clothes and tennis shoes to class each day. In the event of inclement weather, please call our cancellation line at (304)728-9044.

Program #: 52033.01  
Fee: \$60.00  
Age (s): 8-16  
Day (s): Sundays  
Date (s): September 12-October 24 (No class 10/10)  
Time (s): 1:00-2:30 p.m.

Program #: 52033.02  
Fee: \$60.00  
Ages: 8-16  
Day (s): Mondays  
Date (s): September 13-October 25 (No class 10/11)  
Time (s): 5:30-7:00 p.m.

### Intermediate

This class will expand on archery techniques taught in the beginner class. Children must have completed at least one beginner course before registering for this class. All equipment is provided. Class size is limited to twelve so please register early. Participants should wear comfortable clothes and tennis shoes to class each day. In the event of inclement weather, please call our cancellation line at (304)728-9044.

Program #: 52043.01  
Fee: \$60.00  
Age (s): 8-16  
Day (s): Sundays  
Date (s): September 12-October 24 (No class 10/10)  
Time (s): 2:45-4:15 p.m.

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## Golf

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### All Weather Golf

Come learn the basic skills of golf. Participants will learn the fundamentals of golf including grip, stance, posture, full swing, chipping, putting and much more.  
All Locations: JCCC Gym

Program #: 52023.01  
Fee: \$65.00  
Ages: 10-15  
Day: Wednesdays

Date (s): September 15-October 20  
Time (s): 6:15-7:00 p.m.

Program #: 52023.02  
Fee: \$65.00  
Ages: 10-15  
Day: Thursdays  
Date (s): October 21-December 9 (No class 11/11 or 11/25)  
Time (s): 4:30-5:15 p.m.

Program #: 52023.03  
Fee: \$65.00  
Ages: 10-15  
Day: Thursdays  
Date (s): January 27-March 3  
Time (s): 4:30-5:15 p.m.

Program #: 52023.04  
Fee: \$65.00  
Ages: 10-15  
Day: Thursdays  
Date (s): March 31-May 5  
Time (s): 4:30-5:15 p.m.

### Little Putters

Start your child out right with JCPRC First Swings Golf Lessons. Students will learn the basics of golf including stance, swing, putting, and etiquette.

All Locations: JCCC Gym

Program #: 42103.01  
Fee: \$65.00  
Ages: 6-9  
Day: Thursdays  
Date (s): October 28-December 16 (No class 11/11 or 11/25)  
Time (s): 5:30-6:00 p.m.

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## Karate

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**All Locations: JCCC**

### Little Dragons

Little Dragons is a program designed for children ages 3-4. The classes will cover basic Tae Kwon-Do skills, balance, coordination, self control, respect and, most importantly, the kids will have fun. Wear loose fitting clothing.

Program #: 32013.01  
Fee: \$35.00  
Ages: 3-4  
Day: Thursdays  
Date (s): September 16-October 7  
Time: 5:15-5:45 p.m.