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**Cheerleading/Tumbling**  
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All Locations: JCCC

MINI Preschool Cheerleading

This program is for children ages 3 to 5. Children will learn the fundamentals of cheerleading including: arm motions, voice projection, cheers, and dance.

Program #: 34151.01
 Fee: \$45.00
 Ages: 3-5
 Day (s): Fridays
 Date (s): January 22-February 26
 Time (s): 5:30-6:00 p.m.

Program #: 34151.02
 Fee: \$45.00
 Ages: 3-5
 Day (s): Fridays
 Date (s): March 19-April 23
 Time (s): 5:30-6:00 p.m.

Program #: 34151.03
 Fee: \$45.00
 Ages: 3-5
 Day (s): Fridays
 Date (s): April 30-June 4
 Time (s): 5:30-6:00 p.m.

Cheerleading

Whether you are trying out for your high school team, an all-star team, or just want to get an early start, we have a class for you! Cheerleaders may learn arm motion technique, proper posture, jumps and kicks, tumbling, stunting, side-line cheers, dances and more. (Instructor may suggest moving student to different classes based on skill level.)

Beginner

This class is designed for children who have taken few or no cheer/tumble classes. Children may learn basic tumbling and basic cheer techniques.

Program #: 44201.01
 Fee: \$60.00
 Ages: 8-12
 Day (s): Thursdays
 Date (s): January 21-February 25
 Time (s): 4:30- 5:30 p.m.
 Location: JCCC

Program #: 44201.02
 Fee: \$60.00
 Ages: 8-12
 Day (s): Thursdays
 Date (s): March 18-April 22
 Time (s): 4:30- 5:30 p.m.

Location: JCCC
 Program #: 44201.03
 Fee: \$60.00
 Ages: 8-12
 Day (s): Thursdays
 Date (s): April 29-June 3
 Time (s): 4:30- 5:30 p.m.
 Location: JCCC

Cheer Clinic

If your child is interested in becoming a cheerleader, this is a perfect opportunity to learn what the sport is all about! Our clinics incorporate the fundamentals of cheering—arm movements, jumps, as well as a variety of cheers and chants that incorporate these skills— including a spirit dance.

Program # 44211.01
 Fee: \$25.00
 Ages: 7-12
 Day (s): Saturday
 Date (s): June 19
 Time (s): 9:00 a.m.-12:00 p.m.
 Location: JCCC

Program #: 44211.02
 Fee: \$25.00
 Ages: 7-12
 Day (s): Saturday
 Date (s): July 17
 Time (s): 9:00 a.m.12:00 p.m.
 Location: JCCC

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**Cheerleading Camps**  
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Cheerleading Camps

If your child is interested in becoming a cheerleader, this is a perfect opportunity to learn what the sport is all about! Our clinics, taught by former cheerleaders, incorporate the fundamentals of cheering —arm movements, jumps, and a variety of cheers and chants that incorporate these skills— including a spirit dance. Parents and friends are invited to our PEP RALLY at the end of the session to watch the Cheerleaders showcase their new skills.

All Locations: JCCC, Gym

Program #: 44191.01
 Fee: \$65.00
 Ages: 6-12
 Day (s): Monday-Friday
 Date (s): June 14-18
 Time (s): 1:00-4:00 p.m.

Program #: 44191.02
 Fee: \$65.00
 Ages: 6-12

Day (s): Monday-Friday
 Date (s): July 26-30
 Time (s): 9:00 a.m.12:00 p.m.

Program #: 44191.03
 Fee: \$65.00
 Ages: 6-12
 Day (s): Monday-Friday
 Date (s): August 2-6
 Time (s): 1:00 p.m.-4:00 p.m.

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**Youth Dance Camps**  
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Hip Hop Camp

Learn the latest dance moves and have lots of FUN!! Please bring a healthy snack, drink and lunch. There will be a show for family and friends on Friday. No previous experience necessary.

Program #: 45021.01
 Fee: \$65.00
 Ages: 8-13
 Day (s): Monday-Friday
 Date (s): July 26-30
 Time (s): 1:00-4:00 p.m.

Program #: 45021.02
 Fee: \$65.00
 Ages: 8-13
 Day (s): Monday-Friday
 Date (s): June 21-25
 Time (s): 5:30-8:30 p.m.

Shining Stars Dance Camp

This camp will offer young dancers an opportunity to shine. Campers may acquire movement skills every day in dance forms such as Ballet, Jazz, Modern, Musical Theatre and Hip Hop. No previous dance experience is needed. Parents will be invited to a performance on Friday. Be sure to wear comfortable clothing and tennis shoes. Please bring a snack and plenty of water to drink.

Program #: 45031.01
 Fee: \$65.00
 Ages: 6-12
 Day (s): Monday-Friday
 Date (s): June 21-25
 Time (s): 1:00-4:00 p.m.

Program #: 45031.02
 Fee: \$65.00
 Ages: 6-12
 Day (s): Monday-Friday
 Date (s): June 28-July 2
 Time (s): 9:00 a.m.12:00 p.m.

Program #: 45031.03
 Fee: \$65.00
 Ages: 6-12

Day (s): Monday-Friday
Date (s): July 26-30
Time (s): 5:00-8:00 p.m.

Date (s): August 9-13
Time (s): 1:00 p.m.-4:00 p.m.

Little Stars Dance Clinic

This camp is designed to be fun and will help your child's flexibility and hand-eye coordination. The clinic may include an introduction to ballet, tap and jazz movement. Children will also have a chance to play, make art & craft projects and more.

Program #: 35071.01
Fee: \$40.00
Ages: 3-5
Day (s): Wednesday-Friday
Date (s): May 26-28
Time (s): 9:00 a.m.-12:00 p.m.

Program #: 35071.02
Fee: \$40.00
Ages: 3-5
Day (s): Monday-Wednesday
Date (s): August 30-September 1
Time (s): 9:00 a.m.-12:00 p.m.

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**Gymnastics Camps**  
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Gymnastics Camps

Directed by Dana Cifala these camps for Beginner to Advanced gymnasts will concentrate on skill development as well as building self-confidence in your child ages 4-12. Most importantly, this program is for campers to have FUN! Children will have the opportunity to learn a routine on the bars, vault, and balance beam as well as work on floor skills, such as rolls, cartwheels, handstands and backbends. Please bring water and a snack to camp each day.

All Locations: JCCC

Beginner Camps

Program #: 44221.01
Fee: \$75.00
Ages: 4-12
Day (s): Monday-Friday
Date (s): June 21-25
Time (s): 9:00 a.m.-12:00 p.m.

Program #: 44221.02
Fee: \$75.00
Ages: 4-12
Day (s): Monday-Friday
Date (s): July 19-23
Time (s): 9:00 a.m.-12:00 p.m.

Program #: 44221.03
Fee: \$75.00
Ages: 4-12
Day (s): Monday-Friday

Intermediate Camps

Program #: 44231.01
Fee: \$75.00
Ages: 4-12
Day (s): Monday-Friday
Date (s): June 21-25
Time (s): 1:00-4:00 p.m.

Program #: 44231.02
Fee: \$75.00
Ages: 4-12
Day (s): Monday-Friday
Date (s): August 9-13
Time (s): 9:00 a.m.-12:00 p.m.

Program #: 44231.03
Fee: \$75.00
Ages: 4-12
Day (s): Monday-Friday
Date (s): July 19-23
Time (s): 1:00 p.m.-4:00 p.m.

Advanced Camps

Program #: 44241.01
Fee: \$75.00
Ages: 4-12
Day (s): Monday-Friday
Date (s): June 21-25
Time (s): 5:00-8:00 p.m.

Program #: 44241.02
Fee: \$75.00
Ages: 4-12
Day (s): Monday-Friday
Date (s): August 9-13
Time (s): 1:00-4:00 p.m.

Gymnastics Mini Camps

Not sure if your child will like gymnastics and don't want to commit a lot of time? Sign up for these mini camps that will be held for three days. Children will get an introduction to gymnastics skills & equipment. Your child already a pro? Don't worry, we will concentrate on skill development as well as building self-confidence.

Program #: 44251.01
Fee: \$30.00
Ages: 4-12
Day (s): Wednesday-Friday
Date (s): July 14-16
Time (s): 6:00-8:00 p.m.

Program #: 44251.01
Fee: \$30.00
Ages: 4-12
Day (s): Wednesday-Friday
Date (s): August 18-20
Time (s): 6:00-8:00 p.m.

Back Handspring & Tuck Clinic

If you are preparing for cheer tryout and want to work toward your back handspring, improve your back handspring, learn multiple back handsprings, and learn to incorporate tucks, then this clinic is for you! Students will be broken into groups based on ability and goals. We will focus on proper technique and performance of back handsprings & tucks.

Program #: 44261.01
Fee: \$20.00
Ages: 8-13
Day (s): Friday
Date (s): June 25
Time (s): 9:00 a.m.-12:00 p.m.

Program #: 44261.02
Fee: \$20.00
Ages: 8-13
Day (s): Saturday
Date (s): July 10
Time (s): 9:00 a.m.-12:00 p.m.

Program #: 44261.03
Fee: \$20.00
Ages: 8-13
Day (s): Friday
Date (s): August 6
Time (s): 9:00 a.m.-12:00 p.m.

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**Youth Tennis**  
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Tiny Tennis Lessons

The Jefferson County Parks and Recreation's Tiny Tennis Program is ideal for your youngster who is interested in tennis and having fun. It teaches real tennis, introducing them to the core tennis swings and footwork. Participants must provide their own racquet. Parents may be asked to assist.

Program #: 32001.01
Fee: \$40.00
Ages: 4-5
Day: Sunday
Time: 5:00-5:30 p.m.
Dates: January 17-February 7
Location: JCCC

Program #: 32001.02
Fee: \$40.00
Ages: 4-5
Day: Sunday
Time: 4:00- 4:45 p.m.
Dates: February 21-March 14
Location: JCCC

Program #: 32001.03
Fee: \$40.00
Ages: 4-5
Day: Saturdays