

Spanish Play & Learn Mini Camp

Children will learn basic Spanish vocabulary during play, crafts, games, stories, role play & music. This mini-camp will introduce students to having fun! Please send a healthy snack with your child each day. **An \$8 supply fee is payable to instructor the first day of class.**

Program #: 43371.01
 Fee: \$75.00
 Ages: 4-8
 Day (s): Monday-Friday
 Date (s): July 19-23
 Time: 1:00-4:00 p.m.
 Location: JCCC

Safety Camp

Are you looking for a fun and educational camp your child can attend this summer? Come join us at the Safety Camp! The JCPRC Safety Camp is a three-day camp offered to kids to teach them social and personal safety skills in a fun environment. Held at Sam Michael's Park, Jefferson County Sheriff's Dept, firefighters and JCPRC staff serve as the camp counselors, guiding them through various educational activities and games dealing with safety.

Program #: 43381.01
 Fee: \$45.00
 Ages: 5 and up
 Day (s): Monday-Wednesday
 Date (s): August 9-11
 Time: 9:00-12:00 p.m.
 Location: JCCC

Survivor Camp

Learn about survival in the great outdoors while having plenty of hands-on fun! We may learn how to build shelters, safely build fires, use a compass, go on a scavenger hunt, and play some games that will help you improve your survival know-how. On Thursday, you are invited to camp out under the stars at Sam Michael's Park. We will provide dinner and breakfast the next morning. Pick-up on Friday will be at 12:00 noon.

Program #: 43391.01
 Fee: \$100.00
 Ages: 8-12
 Day (s): Monday-Friday
 Dates: June 21-25
 Time: 9:00a.m.-4:00 p.m.
 Location: Sam Michael's Park

Program #: 43391.02
 Fee: \$100.00
 Ages: 8-12
 Day (s): Monday-Friday
 Dates: August 9-13
 Time: 9:00a.m.-4:00 p.m.

Location: Sam Michael's Park

River Riders Camps

Jefferson County Parks and Recreation Commission and Outdoor Adventure Camp have teamed up to provide exciting and educational outdoor adventure camps in Harpers Ferry, WV. These camps are run by skilled and qualified counselors and offer your children an experience that they will never forget. Goals for campers include: increasing confidence, building character, establishing a sense of accomplishment, developing an appreciation for the outdoors, fun, and life-long friendships. For additional information or to request registration forms, call the JCPRC office at (304) 728-3207 or visit our website at www.jcprc.org. Availability is limited so register early to get your spot! Options Your camper may decide to either pack a lunch or receive our delicious Meal Plan for \$35 a week. Meals are included in the price of all Overnights Weeks and the Multi-Adventure Week. We recommend that special diets pack their own lunch or notify us well in advance so that we can make preparations if possible. Great group Camp Photos can be purchased for \$13 in advance or \$16 at camp and are available for all weeks of camp.

Location: River Riders, located just outside of historical Harpers Ferry, WV, off of Route 340 behind the flea market.

Flat Water Tubing

The JCPRC and River Riders is working together to offer this special adventure to kids this summer. Our Campers will have the opportunity to be guided down a section of the Shenandoah with current but no rapids. The activity is relaxing and refreshing, a perfect activity to cool off on a hot summer day! The float takes approximately 1-2 hours, depending on water levels and personal pace. Parents are welcome to join their child at the same cost.

Program #: 48071.01
 Fee: \$20.00 (includes shuttle to and from activity location, a standard vinyl tube, and life jacket)
 PVC
 Ages: 6 and up
 Day (s): Thursday
 Date (s): July 15
 Time (s): 12:30 p.m.
 Location: River Riders

Adventure Road Trip Week

This is a typical Adventure Week with a day

trip on Thursday to the Sportrock in Sterling Va. Campers will participate in all the activities offered by River Riders with a mid week trip for a day of indoor rock climbing and belaying. This road trip provides campers with several vertical climbing challenges and of course a day full of exercise and fun! Cost of camp includes shuttle transportation to and from the Food Lion Shopping Center.

Program #: 48081.01
 Fee: \$209.00
 Ages: Grades 4-11
 Day (s): Monday -Friday
 Date (s): June 28- July 2
 Time (s): 8:30 a.m.-4:30 p.m.
 Location: River Riders

Outdoor Adventure Camps

Each week will incorporate several of the most exciting activities offered at River Riders such as white water rafting, kayaking, tubing, canoeing, biking, and hiking, plus additional activities and road trips in our specialized camp weeks. Campers will engage in fun filled adventures while experienced, professional counselors share their knowledge of the beautiful Shenandoah and Potomac Rivers and the natural habitats surrounding the Harpers Ferry area. This summer your campers will have the opportunity to experience all of our *sunsational* activities and develop a working knowledge of water sports and safety.

Min. Age: 9 Grades: 4-11 Dates:	Theme:	Cost:	Thursday Overnight Option:
June 7-11 48101.01	Fun Week	\$179.00	\$45
June 21-25 48101.02	History Week	\$179.00	\$45
July 5-9 48101.03	Fun Week	\$179.00	\$45
July 19-23 48101.04	Fun Week	\$179.00	\$45
August 16-21 48101.05	Fun Week	\$179.00	\$45

Junior Guide Multi-Adventure Week

This week provides the opportunity for older campers to experience class IV white water action on two of the east coast's best white water rivers, the Lower Youghiogheny in Ohio, PA and New River Gorge in Fayetteville, WV. Campers will travel to a rustic campsite in Ohio, PA to prepare for a day surfing the stellar waves of the Lower Youghiogheny River. After all the fun at the Yough, it's straight down to Fayetteville, WV, to get a

nights rest under the stars and the for days full of rock climbing, repelling, duckying, and lake amusements. Campers looking for extreme outdoor excitement need only apply! Multi- Adventure Week includes 5 days of excitement, 4 nights of camping and all meals.

Program #: 48091.01
 Fee: \$499.00
 Ages: 12 and older
 Day (s): Monday –Friday
 Date (s): August 9-13
 Time (s): 8:30 a.m.-4:30 p.m.
 Location: River Riders

Overnight Adventure Weeks

Overnight adventure weeks include all the fun in the sun as a standard adventure week plus low rope, high rope, and rock climbing action at For Love of Children’s outdoor education center in Harpers Ferry WV. Campers will also enjoy 4 nights around the camp fire with new friends, old stories and the fire roasted goodies and will then spend the night in rustic, eco friendly cabins. Cost of camp includes shuttle transportation to and from the Food Lion Shopping Center.

Min. Age: 9 Grades: 4-11 Dates:	Theme:	Cost: (Meals included)
July 12-16 48121.01	Eco-Friendly Practices	\$399.00
July 26-30 48121.02	Leave No Trace Ethics	\$399.00

Kayak Intensive Week

This week focuses on learning how to white-water kayak. This challenging week helps develop kayaking abilities, and has traditionally been a favorite for seasoned campers. Your child will develop the skills necessary will be paddling decked whitewater kayaks by the end of the week. Minimum age is 11.

Program #: 48131.01
 Fee: \$219.00
 (Overnight: \$45.00)
 Ages: 11 and older
 Day (s): Monday –Friday
 Date (s): August 2-6
 Time (s): 8:30 a.m.-4:30 p.m.
 Location: River Riders

Young Adults

Middle School Dances

Come spend the night dancing and socializing with friends in a fun, safe environment.

Food and beverages will be available at the JCCC concession stand.

Fee: \$7.50
 Grades: 6th-8th
 Day: Fridays
 Date: January 8, February 5, March 5, April 2, May 7, June 4, July 2, & August 6
 Time: 6:30-10:00p.m.
 Location: JCCC

Lift Strong Weight Training for Teens

This is a strength training program for teens ages 11-15. Meet with a Personal Trainer, learn the fundamentals of weight training, and get set up on a weight training program. Receive a wrist band showing you have completed the class, allowing use of the strength equipment without parental supervision. Class is limited so register early.

Program#: 42151.01
 Fee: \$40.00
 Ages: 11-15
 Day (s): Fridays
 Dates: March 19-April 23
 Time: 5:00-6:00 p.m.
 Location: JCCC

Program # 42151.02
 Fee: \$40.00
 Ages: 11-15
 Day: Fridays
 Date: April 30-June 4
 Time: 5:00-6:00p.m.
 Location: JCCC

Program # 42151.03
 Fee: \$40.00
 Ages: 11-15
 Day (s): Thursday
 Date: July 8-29
 Time (s): 5:00-6:00 p.m.
 Location: JCCC

Boot Camp Teens

Have fun and get fit t with this challenging workout. Designed to get results, this session off offers a mix of resistance training, cardio drills, martial arts, and Pilates to improve strength, endurance and flexibility while sculpting the body.

Program # 43401.01
 Fee: \$40.00
 Ages: 13-16
 Day (s): Monday-Friday
 Date: June 21-25
 Time (s): 5:00-8:00 p.m.
 Location: JCCC

Guitar – Beginning I and II

Beginning students will learn fundamentals including basic hand position, tuning, open chords, picking techniques, rest stroke for the right hand, locating notes on sheet music, and playing them on the guitar, basic strumming and picking patterns used with songs, and developing skills to play.

Program #: 48151.01
 Fee: \$60.00
 Ages: 13 and up
 Day (s): Sundays
 Date (s): April 11-May 2
 Time (s): 5:00-6:00 p.m.
 Location: JCCC

Program #: 48151.02
 Fee: \$45.00
 Ages: 16 and up
 Day (s): Thursdays
 Date (s): June 3-24
 Time (s): 7:15-8:15 p.m.
 Location: JCCC

Program #: 48151.03
 Fee: \$45.00
 Ages: 6-15
 Day (s): Thursdays
 Date (s): July 8-29
 Time (s): 7:15-8:15 p.m.
 Location: JCCC

Adult Programs

100 Miles in 100 Days

To encourage good health, physical fitness and outdoor fun, the Jefferson County Parks & Recreation Commission challenges residents to walk 100 miles in 100 days this summer. By walking just one mile per day between Memorial Day and Labor Day, you can earn a certificate to honor your achievement and get a 30-Day Punch Pass to use the JCCC. This program is designed to promote health and well being among residents and reward you for incorporating healthy exercise habits into your daily lives. Research proves that individuals who use a tracking system to assist with their health and wellness goals are more successful at achieving these goals. You are invited to turn in your miles for us to record your progress. Simply visit our website to print off a mileage chart.

Program # 68002.01
 Fee: FREE
 Days: Sundays-Saturdays
 Dates: May 31-September 6
 Times: ANY
 Location: ANY